Week 3 W/c 9/5/22	Monday 9 May	Tuesday 10 May	Wednesday 11 May	Thursday 12 May	Friday 13 May
Main Choice 1	Sticky chicken	Bolognaise pasta	Roast chicken	American hot dog	Jumbo fish fingers
Tama Gaoce 1	Served on a bed of fried egg noodles, prawn crackers, served with roasted sweet corn	Lean beef mince in a South African bolognaise sauce served with penne pasta and garlic bread on the side	Roasted deboned chicken thighs, served with honey roasted parsnips and cheesy cauliflower bake	100% pork frankfurters, or Quorn sausages, served in a bun with fried onions, tomato ketchup	Served with chips garden peas and tomato ketchup
Main Choice 2	Vegetable stir fry Stir fried vegetables served on a bed of egg noodles, with prawn crackers and roasted sweetcorn	Tomato and basil pasta Homemade tomato and basil sauce, tossed in penne pasta, served with garlic bread	Vegetarian Sausage Roll Linda McCartney Sausage wrapped in short crust pastry	and roasted potato wedges	Cheese and onion quiche Creamy cheese, onion and spinach baked in a savoury tart pastry
Jacket Potato	Jacket Potato served with a choice of Tuna, Baked Beans, Cheese or Ham	Jacket Potato served with a choice of Tuna, Baked Beans, Cheese or Ham	Jacket Potato served with a choice of Tuna, Baked Beans, Cheese or Ham	Jacket Potato served with a choice of Tuna, Baked Beans, Cheese or Ham	Jacket Potato served with a choice of Tuna, Baked Beans, Cheese or Ham
Salads & Vegetables	All our main dishes are accompanied with a selection of freshly made salads and seasonal vegetables				
Desserts	A selection of cut and whole fruit, jelly and yogurts are available daily. On Tuesdays and Thursdays a sweet treat will also be offered				